

BRITISH SOCIETY FOR CUTANEOUS ALLERGY
CONTACT DERMATITIS UPDATE MEETING
JOINT WITH THE DOWLING CLUB

September 29th & 30th 2023



Crewe Hall Hotel



SPONSORS



We are extremely grateful to the following pharmaceutical companies, who have so kindly agreed sponsorship for our meeting:

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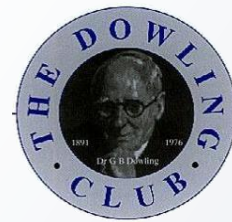
sanofi

 Inspired by patients.
Driven by science.

The Sponsors will have an exhibition space at this meeting, and have made no contribution to the educational content of the programme.



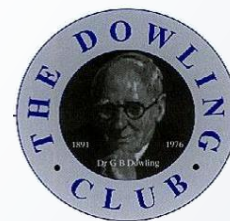
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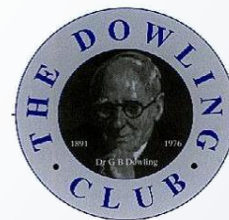
PROGRAMME



Friday 29 th September 2023		
09.00	Tea & Coffee/ Pharmaceutical exhibitions	Sign in – Day 1
9.25	Welcome & Introduction	Dr Donna Thompson
9.30	Updated European baseline series	Dr Mark Wilkinson
10.00	Cosmetic allergy update	Dr Sarah Wakelin
10.30	Update on Fragrance Allergy	Dr Deirdre Buckley
	Ask the experts	
11.00	Tea & Coffee/ Pharmaceutical exhibitions	
11.30	Medicaments series update	Dr Catriona Wootton
12.00	Shoe contact dermatitis	Dr Philippa Cousen
12.30	Updated European Hand Dermatitis Guidelines	Dr Catherine Holden
	Ask the experts	
13.00	Lunch /Pharmaceutical exhibitions	
14.00	Paediatric Patch test Problems	Dr Natalie Stone
14.30	Top tips and practical points for patch testing	Dr Siobhán McCarthy
15.00	Patch testing imaging & remote patch testing	Dr Lisa F Kiely
	Ask the experts	
15.30	Tea & Coffee/ Pharmaceutical exhibitions	
16.00	Nail cosmetic allergy	Dr David Orton
16.30	Nail products and technology training session	CTPA
	Ask the experts	
17.30	Meeting Close/ Guided Tour	
19.00	Pre-dinner drinks	
19.30	Dinner & Dowling Oration	Dr Donna Thompson
Saturday 30 th September 2023		
9.00	Tea & Coffee/ Pharmaceutical exhibitions	Sign in – Day 2
9.30	History of contact dermatitis	Prof. D Gawkrödger
10.00	2023 Guidelines update	Dr Graham Johnston
10.30	BSCA Multi-centre Audits: Past, Present, Future	Dr Livia Soriano
	Ask the experts	
11.00	Tea & Coffee/ Pharmaceutical exhibitions	
11.30	Contact Dermatitis - Journal update	Dr Aparna Sinha
12.00	Interactive cases from the clinic Quiz	Dr Jason Williams
12.30	Ask the experts	
	Closing remarks	
13.00	Lunch / Pharmaceutical exhibitions	



INTRODUCTION



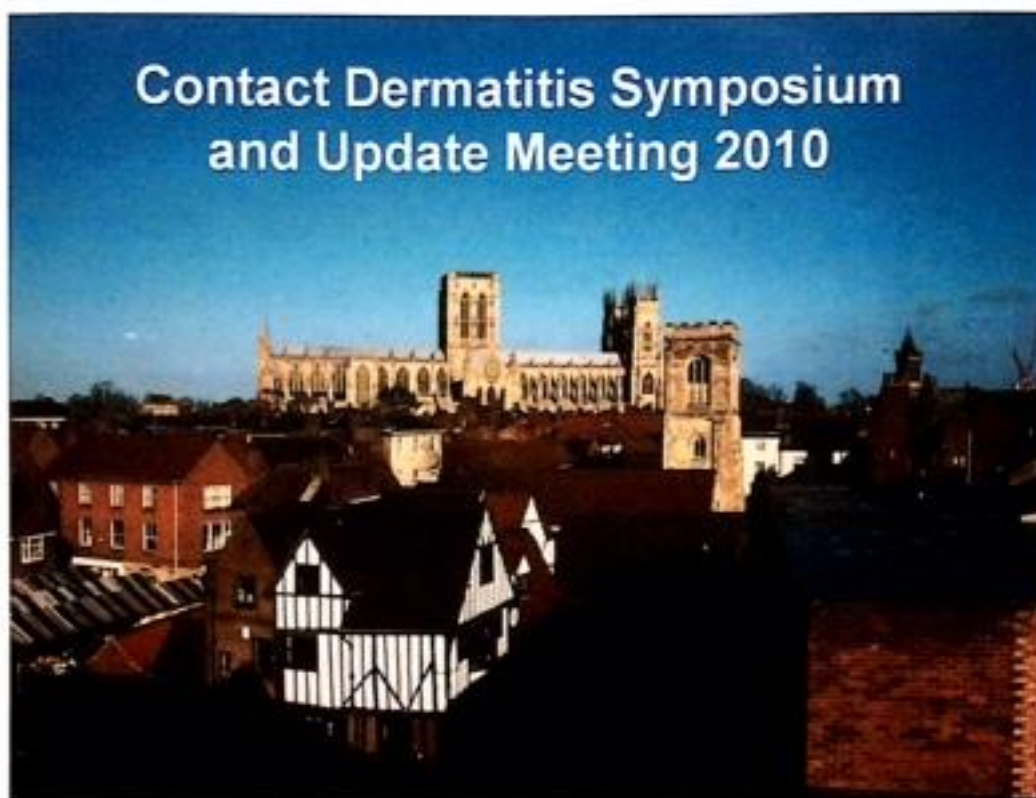
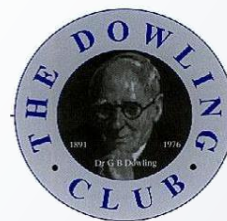
On behalf of both the British Society for Cutaneous Allergy (BSCA) and the Dowling Club, we would like to welcome you to the Biennial Contact Dermatitis Update Meeting during which the Dowling Oration 2023 will be delivered by Dr Donna Thompson.

This year the BSCA is delighted to once again be holding the meeting jointly with the Dowling Club as we have previously in 2010 and virtually in 2021. We are pleased to be back to the in-person meeting format, and trust you will find the programme interesting and informative, and the time spent with colleagues at Crewe Hall Hotel both educational and enjoyable.

We have been fortunate to secure sponsorship from several pharmaceutical companies and we thank them for their support, and encourage you to visit them at the exhibition stands.

Full registration for this 2-day programme includes accommodation and dinner on Friday 29th September 2023. Dowling Oration will be delivered during dinner on Friday evening and live streaming or recoded options are being explored for those who cannot attend the oration in person.

The registration desk will be manned throughout the meeting, so please do not hesitate to stop by if there is anything we can do for you.



Contact Dermatitis Symposium and Update Meeting 2010

**British Society of Cutaneous Allergy
&
The Dowling Club**

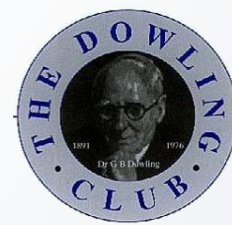
**October 15th & 16th 2010
St William's College, York**





THE BRITISH SOCIETY FOR CUTANEOUS ALLERGY (BSCA)

ABOUT US



President	Dr Graham Johnston
Secretaries	Dr Philippa Cousen & Dr Catherine Holden
Treasurer	Dr Sarah Wakelin
Meetings Secretary	Dr Donna Thompson

The British Society for Cutaneous Allergy (BSCA) promotes knowledge and best practice for the diagnosis and management of contact dermatitis.

Initially established as The British Contact Dermatitis Group in 1980, its inaugural meeting was held prior to the BAD meeting in Oxford that year. At its initiation it was felt that the group should include both medical and scientific members and that it would act as a forum for all who are interested in contact dermatitis. Dr Richard Rycroft was the first president, Dr John Wilkinson secretary, and Dr Veronica Kirton Treasurer.

The group became a society in 2002 and was renamed as the British Society for Cutaneous Allergy in 2010.

Function: Recently, the BSCA committee has focused on developing a national Patch Test database; standardising allergen test series; writing patient information and advice sheets; and trialing 'new' allergens. Additionally, we are considering methods to assess competencies in patch testing.

Website: The BSCA website www.cutaneousallergy.org has more information about us, and allows access to the BSCA database, BSCA allergen series, and occasional newsletters.

Meetings: The BSCA holds an annual meeting alongside the main BAD meeting, a two-yearly update day, a two-yearly scientific meeting, and contact dermatitis courses.

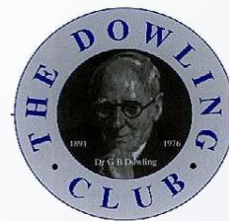
Applying for membership: Membership of the BSCA is open to medical and nursing professionals with an interest in contact dermatitis. The annual membership fee is collected by the British Association of Dermatologists (BAD) on behalf of the BSCA.

Please apply via the BAD website; www.bad.org.uk



THE DOWLING CLUB

ABOUT US



President	Professor Nick Levell
Honorary Secretaries	Dr Marieta Papanikolaou, Dr Dimitrios Karponis
Honorary Treasurer	Professor Christopher Bunker
Archivists	Dr Julia Ellis & Dr Donna Thompson

The Dowling Club of the United Kingdom and Ireland is a charity whose charitable objects are: the advancement of the study, practice of and research into the science of dermatology; the fostering of professional relations with dermatologists and; the promotion of the further education of Dermatologists. It is funded by the activities of its Members and has clear objectives which are set out in the Constitution.

Established between 1947- 1948, by Dr Geoffrey Dowling as an informal journal and travelling club which was later to bear his name, The Club has existed primarily to promote dermatological education and foster relationships between dermatologists of all ages across the UK and other countries.

The Dowling Club collaborates with many organisations to achieve its aims, including the British Association of Dermatologists (BAD) and, Dermatology Special Interest Groups nationally, as well as, International Dermatology Groups across the world visited during the Dowling Club overseas educational trips.

We warmly welcome all new members of the Dowling Club and hope that membership of the Club becomes an integral and enjoyable part of your life in dermatology.

Applying for Dowling Club Membership: Membership of the Dowling Club is open to Dermatologists and Dermatology trainees. The annual membership fee is collected by the British Association of Dermatologists (BAD) on behalf of the Club. Subscription fees are due on the first of January each year.

Please apply for membership via the BAD website; www.bad.org.uk

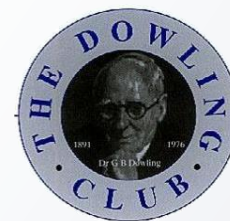
Contact us: dowlingclub@gmail.com and admin@bad.org.uk

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Facebook: Dowling Club
Twitter: [@dowlingclub](https://twitter.com/dowlingclub)



WELCOME & INTRODUCTION THE DOWLING ORATION



Dr Donna Thompson

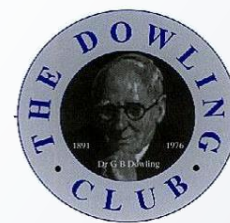
Dr Donna Thompson is a Consultant Dermatologist and current Specialty lead for Dermatology at the Birmingham Skin Centre, City Hospital, Sandwell and West Birmingham Hospitals NHS Trust, Birmingham, UK. Her subspecialty interests include Paediatric Dermatology, as well as Cutaneous Allergy, and she is the lead clinician for a dedicated Regional Cutaneous Allergy Service providing patch testing and other investigations required as part of the management of contact dermatitis and other contact, occupational and environmentally induced skin diseases.

Dr Thompson is a published author in peer reviewed journals, and previous journal editor. She has been the organizer of more than 100 educational events at a local, regional, national and international level and holds the positions of Secretary for the Caribbean Dermatology Association (CDA).

Dr Thompson is a past President of the Dowling Club of United Kingdom and Ireland, serving a 2 year period from July 2020 – July 2022 in this presidential post. She is currently Dowling Club Archivist, and Meetings Secretary for the British Society for Cutaneous Allergy (BSCA) and will deliver the 2023 Dowling Oration.



UPDATED EUROPEAN BASELINE SERIES



Dr Mark Wilkinson

Dr Wilkinson was appointed as a consultant dermatologist in Leeds in 1995 to provide a clinical service for the investigation of contact dermatitis and occupational skin disease. He has more than 200 peer reviewed publications and has written chapters on irritant, allergic and occupational dermatitis for major dermatology textbooks.

His training posts were in Stoke-on-Trent and Manchester during which time he was continuously attached to the patch test clinic but undertook no phototherapy – a situation I wouldn't have got away with today.

Having retired, he now works part time exclusively in the cutaneous allergy clinic and chaired the group which updates the European baseline series.



COSMETIC ALLERGY UPDATE



Dr Sarah Wakelin

Dr Sarah Wakelin (BSc, MBBS, FRCP) is a consultant dermatologist at Imperial College Health Care trust where she has run the skin allergy service since 1999. She also works in private practice at OneWebleck. She has a special interest in facial rashes and her metropolitan practice has a high case mix of patients with suspected cosmetic contact allergy. Her other interests include medical dermatology, therapeutics and medicolegal work.



UPDATE ON FRAGRANCE ALLERGY



Dr Deirdre Buckley FRCPI FRCP

Dr Deirdre Buckley is a Consultant Dermatologist working in Bath, UK.

She qualified in medicine at University College Cork (Ireland) in 1988 and trained as Senior Registrar in Dermatology at University College Hospital, London. She worked as Consultant Dermatologist at Great Western Hospital, Swindon, UK and at the Royal United Hospital, Bath, UK. She has a particular clinical and research interest in fragrance allergy. She chaired the Medicines Working Group of the British Association of Dermatologists 2013-2019 and was a member of the BAD Therapy and Guidelines Committee 2010-2021. She served as the President of the British Society for Cutaneous Allergy 2018-2021. In 2022 she was awarded the Bisset Hawkins Medal of the Royal College of Physicians for work during the previous 10 years in advancing public health.



MEDICAMENTS SERIES UPDATE



Dr Catriona Wootton

MBChB, MRCP (Derm), MA Hons, DTM&H

Dr Catriona Wootton is a Consultant Dermatologist working at the Churchill Hospital in Oxford. She is lead for the Patch Test service and has an interest in the psychological aspects of skin disease, following on from her undergraduate degree in Psychology. Tropical and infectious dermatology is her other area of interest and Dr Wootton spent several years living and running dermatology research projects in Laos PDR, South East Asia. Dr Wootton is a keen gardener and is fascinated by the natural world.



SHOE CONTACT DERMATITIS



Dr Philippa Cousen

Consultant Dermatologist, South Tees NHS Foundation Trust.

Undergraduate training in Edinburgh, postgraduate training in Yorkshire.

Consultant Dermatologist James Cook University Hospital, Middlesbrough, 2011-

Clinical Director 2015-2021

BSCA Northern representative 2021, secretary 2022

Recent PI in clinical trials: ALPHA, DELTA 1&3



UPDATED EUROPEAN HAND DERMATITIS GUIDELINES



Dr Catherine Holden

Mb Chb, MRCGP, DRCOG

Dr Catherine Ruth Holden is a consultant dermatologist and patch test lead at Sheffield Teaching Hospitals NHS Foundation Trust from 2022 with additional special interests in skin cancer and cutaneous lymphoma. She is an honorary senior lecturer of the University of Sheffield and additionally the specialty and associate specialist representative, membership and website secretary of the British Society of Cutaneous Allergy.

She trained in and works in Sheffield. Initially a GP with a portfolio career including dermatology, in 2001 she transferred to work solely as a dermatologist. As Associate Specialist from 2012 she helped run the Sheffield contact dermatitis service and trained the dermatology specialist registrars there.

Her appointment as consultant was following entry to the specialist register of dermatology via the CESR route.



PAEDIATRIC PATCH TEST PROBLEMS



Dr Natalie Stone

Dr Natalie Stone BA (hons) Oxon, FRCP has been a dermatology consultant at Aneurin Bevan University Healthboard since 2000, and ABUHB dermatology clinical director from 2012-22.

Her special interests include cutaneous allergy and vulval dermatoses. She is the current chair of the All Wales Dermatology Forum, BAD Welsh representative and chair of the Welsh Dermatology Clinical Implementation Network. She is the BSCA Welsh committee representative and past BSCA secretary. She is co-author of the allergic contact dermatitis chapter in the latest edition of the Rook Book.



TOP TIPS AND PRACTICAL POINTS FOR PATCH TESTING



Dr Siobhán McCarthy

Siobhan McCarthy is a graduate of University College Cork and completed her higher specialist training with the RCPI in 2021. She has a keen interest in both adult and paediatric dermatology, cutaneous allergy and drug allergy.

Siobhán worked as a Consultant Dermatologist in the Imperial NHS Trust before completing her post-CCT fellowship in cutaneous allergy at St John's Institute of Dermatology, Guy's and St Thomas' NHS Foundation Trust having been awarded the Paul Collins Cutaneous Allergy Fellowship from the Irish Association of Dermatology. As well as patch testing and skin prick testing, she received advanced training in drug allergy testing, photobiology, urticaria, and severe eczema during her fellowship.



PATCH TESTING IMAGING & REMOTE PATCH TESTING



Dr Lisa F Kiely

BM BS BSc (Physiology) MRCPI Dip Clin Ed

Dr Lisa Kiely is a PhD fellow with the prestigious Irish Clinical and Academic Training (ICAT) programme and is a Specialist Registrar in Dermatology with the Royal College of Physicians of Ireland (RCPI). She has a Bachelor's degree in Physiology from the University of Galway and an honours Medical degree from the University of Limerick, Ireland.

She has 27 peer-reviewed publications and 26 first author presentations at both national and international meetings. She has a subspecialty interest in occupational dermatoses and set-up a novel Irish occupational dermatology service during the COVID-19 pandemic.

She has been involved in a number of projects examining the use of photonics in the interpretation of patch testing and was awarded runner up in the prestigious Rogers' Prize and more recently the Burrows' cup at the Irish Association of Dermatologists for this work. She received the Howard I. Maibach Travel Award to present her findings on the use of Multispectral cameras to improve the accuracy of remote patch testing at the American Contact Dermatitis Society.



NAIL COSMETIC ALLERGY



Dr David Orton

Dr Orton completed training in Dermatology between the Royal Free Hospital and the Royal London Hospital and was accredited in 2000. He then undertook further sub-specialist training in contact dermatitis at Amersham Hospital and General Allergy at the University of Southampton. He was awarded an MSc in Allergy in 2008.

He practiced as lead Consultant in the Contact Dermatitis Investigation Units at Amersham Hospital and then the Hillingdon Hospitals NHS Trust and the Royal Free London NHS Foundation Trust before commencing full time independent medical practice in 2017.

Dr Orton is past President of the British Society of Cutaneous Allergy and past Secretary of the European Society of Contact Dermatitis. During these roles he focused on consumer protection from allergens used in cosmetics and everyday household products. He has been credited with helping to forge links between UK Dermatologists and the cosmetics industry. This has allowed for constructive dialogue over issues directly affecting consumers and continues to generate ongoing clinical research.

He has published extensively in peer-reviewed scientific journals and has authored multiple book chapters.



NAIL PRODUCTS AND TECHNOLOGY TRAINING SESSION



Caroline Rainsford

Head of Scientific Services at CTPA

Caroline graduated from the University of Oxford in 2011 with a Masters degree in Chemistry. Caroline first joined CTPA in June 2016 as Scientific Information Officer within the scientific and technical team. As Head of Scientific Services, Caroline leads CTPA's scientific strategy and is actively involved in advocacy with the UK Government on issues concerning cosmetic ingredients and its wider chemicals strategy.

Caroline represents CTPA on several committees at Cosmetics Europe and is the Chair of the Expert Team Ingredient Monitoring and Assessment, bringing together knowledge and expertise from a variety of ingredients issues.



NAIL PRODUCTS AND TECHNOLOGY TRAINING SESSION



Giorgia Cappella

Giorgia Cappella trained as a technician in 2018 and quickly realised she had a passion for educating and helping others to enter the industry. She trained as an educator in 2020 and joined Team TGB in 2022.

Since then, Giorgia has been teaching both in house and externally for TGB ensuring that all students, partners and accounts are confident in the use of Gel systems and specifically TGB products.

A promotion to Training & Education Manager in February of this year has seen Giorgia's career excel to a position allowing her to develop the education possibilities for TGB and work on ensuring we are delivering gold standard education throughout our Academy and business developments.



NAIL PRODUCTS AND TECHNOLOGY TRAINING SESSION



Ifra Siddique

Director of Compliance

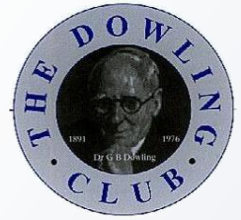
With over 10 years of experience working within the cosmetic industry and a BSc (Hons) in Pharmaceutical and Cosmetic Science, I'd like to introduce myself as the Compliance Director at The GelBottle.

Throughout my career, I have had the privilege of working with renowned brands such as Burberry, Topshop, and ASOS, gaining valuable experience in a diverse array of cosmetic categories. My roles at these esteemed companies have allowed me to delve into various aspects of the cosmetics industry, from product development, innovation, compliance, and customer insight.

With a strong academic background, extensive industry experience, and a passion for compliance and innovation, I am proud to contribute to the dynamic and ever-evolving cosmetic industry. As the Compliance Director at The GelBottle, I look forward to shaping the future of cosmetic products, empowering consumers to embrace beauty products that are not only captivating but also safe and responsible.



HISTORY OF CONTACT DERMATITIS



Professor David Gawkrödger

David Gawkrödger is professor emeritus in dermatology at the University of Sheffield, having retired after 24 years as a consultant dermatologist in Sheffield in 2012. Over 30 plus years in skin research he has been an author on more than 247 peer-reviewed papers, and continues to be active having been an author on 3 papers in 2018. Principal areas of interest are contact dermatitis, especially to nickel, and vitiligo. Since 'retirement', Prof Gawkrödger served as vice-chair of the Scientific Committee on Consumer Safety at the European Commission in Luxembourg for 18 months. He is presently honorary treasurer of the British Skin Foundation and chair of the Historical Collections sub-committee at the BAD. A seventh edition of his textbook 'Dermatology: an illustrated colour text' will be published in 2020. Currently he is researching the health problems of the native and British armies in nineteenth and early twentieth century India.



2023 GUIDELINES UPDATE



Dr Graham Johnston

MB ChB, FRCP, FRSPH

President British Society for Cutaneous Allergy

Dr Johnston is the current President of the British Society for Cutaneous Allergy and lead author for the current British Association of Dermatologists' Guidelines for the Management of Contact Dermatitis.

He was an Honorary Associate Professor at the University of Leicester and Clinical Lead in a £2.4million Medical Research Council funded study of a novel scar treatment, is Principal Investigator and on the Steering Committee for several large dermatological studies and Dermatology Research Lead for the East Midlands . He was a systematic reviewer for a major study by the British Occupational Health Research Foundation on Contact Dermatitis and Urticaria in 2010 and Clinical Expert for NICE in 2009 to advise on alitretinoin for severe eczema.

He lectures on national courses including the British Contact Dermatitis Course and the Diploma course for the Royal Society for Public Health and has published chapters in several major medical textbooks including the seminal dermatology textbook Fitzpatrick's Dermatology in General Medicine. He has published over 150 papers and abstracts as well as guest editor positions in dermatological journals.



BSCA MULTI-CENTRE AUDITS: PAST, PRESENT, FUTURE



Dr Livia Soriano

Dr. Livia Soriano is a Consultant Dermatologist at University Hospital Southampton NHS Trust, UK. She completed her undergraduate studies in medicine at Imperial College London, UK and graduated with honours. She completed her training in dermatology in East London, South Wales, and Wessex.

Dr. Soriano has published numerous peer-reviewed articles in esteemed medical journals, and her research has been widely recognized and cited. Her publications cover a wide range of topics such as contact dermatitis, allergic reactions, and skin disorders.

In addition to her research, Dr. Soriano is a passionate educator and she is dedicated to raising public awareness about skin health and the importance of preventive measures.

Dr. Soriano is actively involved in professional organizations, serving on the British Society for Cutaneous Allergy committee and dermatology training committee, and contributing to the development of guidelines and best practices in dermatology.

Her work has been presented at national and international conferences.



CONTACT DERMATITIS - JOURNAL UPDATE



Dr Aparna Sinha

Aparna trained in Dermatology in the North East region. She then completed a British Skin Foundation Fellowship studying Atopic Eczema and Ciclosporin in Newcastle where she became an Honorary Consultant. She moved to Hereford in 2012 where she was Clinical Lead and led the development of a Dermatology Department from an outpatient clinic setting to a stand-alone department dedicated to Dermatology.

After completing her MD, she joined the team at the Bristol Dermatology Centre in 2018 and developed her interest in Cutaneous Allergy with Dr Jane Sansom in the Contact and Occupational Dermatitis service at Bristol Royal Infirmary from 2020.

Aparna joined the BSCA committee in July 2022 and is looking forward to meeting more of its members at the meeting this year.



INTERACTIVE CASES FROM THE CLINIC QUIZ



Dr Jason Williams

Dr. Williams qualified from Manchester University and undertook his general medical training in the Northwest of England. He trained in dermatology in Manchester and undertook two years of research at the Occupational Dermatology Research and Education Centre in Melbourne in Australia, with Dr. Rosemary Nixon. He is now Director of the Contact Dermatitis Investigation Unit in Manchester. He has an interest in occupational dermatology. He has further research links with the University of Manchester in the field of the pathophysiology of allergic contact dermatitis. He has been meetings secretary of the BSCA (2009-2015) and President of the BSCA (2015- 2018). He has organised the annual patch testing course for trainees in Manchester for several years.



EVALUATION & FEEDBACK



We would like this meeting to be as useful as possible and therefore value your views on the event. As such, we would be grateful if you would kindly complete all sections of the feedback survey which will be sent to you electronically after that event.

CPD CERTIFICATES

Certificates of attendance highlighting the number of Continuing Professional Development (CPD) points approved by the RCP will be sent to delegates within 30 days of the date of the event.