**Rubber in bandages and dressings**

Rubber-allergic patients need to avoid rubber accelerators which include thiurams, carbas and thioureas. Companies manufacturing bandages often do not know which accelerators are present, as it depends on the source of the rubber.

It may not be safe to wear elastic containing garments or compression bandages.

Safe garments and bandages are those made from

Viscose

Polyamide

Elastane

Cotton

Safe compression bandages

Tensopress (Smith and Nephew, no thiuram or carba)

Setopress

Safe Light compression bandages

Rosidal K

Comprilan

Stayfor

Flexoplast

Lastosheen

Lastyam

Credalast

Safe Tubular bandages

Tubifast (Viscose/elastane)

Tubigauz

Safe Stockings

Elastane

Lycra (synthetic rubber (polyurethane/elastane))

Nylon

Scholl Support Stockings

Most of the DuoMed stockings

**Avoid**

Elastic

Compression bandages to avoid

ProFore

LitePress

CoPlus

Coban (thiuram and latex)

Tubular bandages to avoid

Tubigrip

Slinky

Four layer compression- safe composition

Cellona padding – OK

Hospicrepe- 100% cotton

Elset

Tensopress (not Coban-avoid- contains thiuram and latex)

**Shoes: rubber free include**

Crocs

Wooden

Cork

Felt

Polyurethane (Elastopan, Elastolan, Thermoplastic elastomers)

Websites

[www.eccoshoeuk.com](http://www.eccoshoeuk.com) (insoles made of leather and foam). Ecco comfort foam shoes are rubber free. Ecco shops have helpful sales assistants so you can contact them to confirm.

Haflinger clog slippers (felt and thick cork. Rubber soles are on the outside so don’t contaminate)

Superfeet

Outlast technology

Uggs and Birkenstocks shoes are confirmed thiuram free by manufacturer

LOAKE Bros Ltd Leather Shoes Style 1 and Style 2 (analysed by SATRA) have no rubber and no detectable disperse dyes, chlorophenols, formaldehyde, aromatic amines, chromium, phthalates, arsenic, cadmium, lead, mercury, aniline dyes, 4-aminoazobenzene, or PPD related substances

With thiuram and carba, it's easy to contaminate your new shoes with socks and tights which you've worn in other shoes that contain the allergen. Thiuram and carba do NOT wash out of socks and tights. If you wear contaminated socks or tights in your new shoes, you will continue to have problems. Throw out every pair of your old socks etc when you get new shoes.

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