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**2-tert-butylhydroquinone methyl ether (BHA)**

Your patch tests indicate that you have a contact allergy to 2-tert-butylhydroquinone methyl ether. This means that you should avoid contact with this substance in future.It is also known as butyl hydroxyanisole, BHA, 2-tert-butyl-4-methoxyphenol and, when added to foods, as E320.

It is an antioxidant generally found in fatty products to prevent fats becoming rancid. It may be found in some of the following products:

* Foods (E320) particularly gums, ice cream, sweeteners, raising agents
* Cosmetics especially lipsticks and eyeshadows
* Medicated creams including Fucidin cream, Fucidin H cream, Daktacort Hydrocortisone cream, Pevaryl topical cream and Zorac gel
* Animal Feeds
* Petroleum based products including rubbers, fuels, gloves and plastics
* Some drugs including atorvastatin, simvastatin, propranolol oral solutions and Indocid suppositories
* Fast food outlets. Workers who cook or serve up fried food for example deep fried chips/ fish may be exposed to 2-tert-butylhydroquinone methyl ether

**The list of products containing this allergen may not be complete and does not include items available outside the UK. Always check the ingredient listing on the product, package or package insert. Ingredient listings may change over time.**