

**Coal Tar**

Your patch tests indicate that you have a contact allergy to coal tar. This means that you should avoid contact with this substance in the future.

Coal tar is a by-product from the distillation of coal. It can be used in products to treat psoriasis or seborrheic dermatitis but can sometimes cause allergy.

Coal tar is found in the following products:

* Coal tar shampoos e.g. *Polytar®, T Gel®, Capasal®*
* Coal tar soap e.g. *Wrights® traditional coal tar soap*
* Coal tar scalp ointments eg *Ung cocois co (Cocois®, Sebco®)*
* Coal tar bath preparations e.g. *Psoriderm®*
* Topical coal tar lotions/creams eg *Psoriderm®, Dermalex®,* *Exorex lotion®*

**The list of products containing this allergen may not be complete and does not always include items that may be available outside the UK. Always check the ingredient listing on the product, package or package insert. Ingredient listings may change over time.**