



## **Butyl hydroxy toluene**

Your patch tests indicate that you have a contact allergy to butyl hydroxy toluene. This means that you should avoid contact with this substance in future. It is also known as BHT, 2,6-di-tert-butyl-4-cresol and, when added to foods, as E321.

It is an antioxidant generally found in fatty products to prevent fats becoming rancid. It may be found in some of the following products:

- Foods (E321) particularly gums, ice cream, sweeteners, raising agents
- Cosmetics especially lipsticks, lip glosses, mascaras and deodorants
- Medicated creams including Fucidin cream, Isotrexin gel, Isotrex gel, Balneum bath oil, Dovobet gel, Lamisil AT gel, Lyclear Dermal cream and Regaine Foam
- Petroleum based products including rubbers, fuels, gloves and plastics
- Some drugs including cholecalciferol tablets
- Some gums including Nicorette gum

**The list of products containing this allergen may not be complete and does not include items available outside the UK. Always check the ingredient listing on the product, package or package insert. Ingredient listings may change over time**

