



## Hydrocortisone (Tixocortol pivalate)

Your patch tests show you have a contact allergy to hydrocortisone. Hydrocortisone is a steroid used in the treatment of many skin conditions including eczema and dermatitis. You should avoid contact with all products containing hydrocortisone in the future.

Hydrocortisone is also found in some haemorrhoid treatments, ear, eye and nose drops and enemas. Some hydrocortisone products may be purchased without a prescription.

A reaction to hydrocortisone, means that you **may** have an allergy to another steroid used to treat your skin. The steroid you are most likely to react to is hydrocortisone butyrate (Locoid), so this should be avoided too.

### The following creams and ointments contain hydrocortisone:

- Alphaderm
- Dermacort
- Hc45
- Dioderm
- Efcortelan
- Mildison
- Calmurid HC
- Hydromol HC intensive
- Canesten HC
- Daktacort
- Terra-Cortril
- Fucidin H
- Nystaform-HC
- Timodine
- Vioform-Hydrocortisone
- Eurax-Hc

### Other preparations that contain hydrocortisone:

- Colifoam
- Anugesic-HC
- Perinal
- Proctofoam HC
- Uniroid-HC
- Xyloproct
- Proctosedyl
- Anusol HC
- Hydrocortisone buccal tablets
- Hydrocortistab

**IMPORTANT:** If you become unwell, your doctor may wish to give you an injection of hydrocortisone. You should warn your doctors of your allergy as it may cause a widespread skin rash. Suitable alternatives are betamethasone or dexamethasone.

**The list of products containing this allergen may not be complete and does not include items available outside the UK. Always check the ingredient listing on the product, package or package insert. Ingredient listings may change over time.**