

## Disperse Blue106/124

Your patch tests indicate you have a contact allergy to Disperse Blue 106/124. This means that you should avoid **all** products containing Disperse Blue 106/124 in the future.

Disperse dyes 106 and 124 are chemicals which are added to textiles and fabrics (such as clothing and bedding) to create colours. They are partly soluble in water. These two dyes are mainly used to dye synthetic textiles such as **polyester** and **acetate**, although they can also be used to dye blended and natural fabrics. They may be found in any dark colour including green, violet and purple shades, not just blue fabrics.

## Products that you may need to avoid:

- Polyester, acetate and polyester/acetate blends that are blue, black, brown, green, violet and purple
- Lycra/ spandex exercise clothing in the above colours
- Dark nylon tights, stockings and pop socks
- Transfers used for printing fabrics

## **General advice:**

- Wash all new dark clothing and bed linens at least twice before use
- Replace dark-coloured linings of clothing with white
- Wear 100% natural-based fabrics such as silk, wool, linen, cotton, hemp or bamboo.
- White or very pale synthetic fibres will usually be fine to wear
- Wear loose-fitting garments