



Glucosides including Decyl glucoside and Lauryl glucoside

Your patch tests indicate that you have a contact allergy to one or more glucosides. This means that you should avoid contact with all products containing glucosides in the future.

Glucosides are surfactants (foaming agents) frequently used in personal care products such as shampoos and skin cleaning products. They are often found in products marketed for 'sensitive' skin. If you are allergic to one glucoside you may also be allergic to others so we advise avoiding all glucosides.

If you are allergic to decyl glucoside, avoid sunscreen products containing the UV filter, Tinosorb M® as it is a component of the filter and will not usually be labelled.

Glucosides may be found in some of the following types of product:

- Shampoos
- Skin cleansers including facial cleansers, eye make-up removers, hand soaps and shower gels
- Baby products including shampoos, bath products and wipes
- Hair dyes and colours
- Sunscreens

There are many different glucosides including arachidyl glucoside, C12-20 alkyl glucoside, caprilyl/capryl glucoside, cetearyl glucoside, coco-glucoside, decyl glucoside, ethyl glucoside and lauryl glucoside (also known as lauryl polyglucose).

The list of products containing this allergen may not be complete and does not always include items that may be available outside the UK. Always check the ingredient listing on the product, package or package insert. Ingredient listings may change over time.