



Budesonide

Your patch tests indicate that you have a contact allergy to budesonide. This means that you should avoid all products containing this chemical.

Budesonide is a steroid. It is no longer available as a cream in the UK. However, a reaction to budesonide, means that you **may** have an allergy to another steroid used to treat your skin. The steroids you are most likely to react to are triamcinolone (Aureocort, Nasocort, some steroid injections including Kenalog) and hydrocortisone butyrate (Locoid and Locoid Crelo), so these should be avoided.

Your doctor may need to do some further tests to work out whether you have an allergy to other steroids.

Budesonide is in some of the following types of products:

- Asthma inhalers e.g. Pulmicort and Symbicort
- Nasal sprays e.g. Budesonide nasal spray and Rhinocort aqua
- Steroid tablets e.g. Budenofalk and Enterocort

Your doctor will advise you which steroids you can use safely use

Always check your products as these lists can never be complete and ingredients change.