



Benzalkonium chloride

Your patch tests indicate that you have a contact allergy to benzalkonium chloride. This means that you should avoid contact with this substance in the future.

- Benzalkonium chloride is a preservative found in skin cleansers, cosmetics, mouthwashes, shampoos, antiseptic lozenges and used to sterilize medical and dental instruments.
- It is also used in many eye drops, ear drops, contact lens solutions and nasal sprays.
- It can be used in the agricultural, textile and metallurgic industries.
- It has been used in 'Plaster of Paris' fracture casts.

Products that may be bought over the counter or prescribed by your doctor that contain benzalkonium chloride include:

- Dermol cream[®] (emollient)
- Dermol wash[®], Dermol 200[®], Dermol 500[®], Dermol 600[®] (emollient washes)
- Oilatum plus[®] (bath additive)
- Emulsiderm[®] (bath additive)
- Zerolatum plus[®] (bath additive)
- Dermax[®] shampoo
- Conotrane[®] cream (barrier preparation)
- Drapolene[®] cream (barrier preparation)
- Timodine[®] cream (mild topical steroid/antiseptic cream)
- Dettol[®] antiseptic wash spray

The list of products containing this allergen may not be complete and does not always include items that may be available outside the UK. Always check the ingredient listing on the product, package or package insert. Ingredient listings may change over time.

