



Cocamidopropyl betaine

You are allergic to cocamidopropyl betaine. This means that you should avoid all products containing cocamidopropyl betaine in the future. It is also known as coconut oil amidopropylbetaine and cocamido betaine.

People who react to 3-(dimethylamino)-1-propylamine (DMPA), a contaminant of cocamidopropyl betaine should also avoid cocamidopropyl betaine.

Cocamidopropyl betaine is a surfactant (foaming agent) found in **some** of the following types of products:

- Shampoos including some antidandruff shampoos such as Neutrogena T Gel and Polytar
- Roll on deodorants
- Liquid hand soaps
- Shower gels and bath 'bombs'
- Toothpastes
- Make up removers
- Contact lens fluids

Always check your products as these lists can never be complete and formulations do change.